MSC MONITOR

Student Newspaper of Mat-Su College

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Student Government Divided

by Kathleen Murphy and Amy Menerey

The Mat-Su College Student Government body is at odds concerning who should represent the students as the Legislative Affairs Representative. Heated debate ensued at the latest student government meeting regarding whether or not the position should be returned to the former representative, Wade Roberts, or remain with the current representative, Grace Wilson-Laudun. The debate surrounds closed door agreements regarding the return of Roberts to the position, and the integrity of Laudun for maintaining the position.

"I don't question the qualifications of either person," said Michelle McGehee, the council's secretary for the last three years. "They're both qualified. What it comes down to is power."

Roberts thinks he has a right to the position. Roberts was appointed Legislative Affairs Representative, or LAR, in the 1994-1995 academic year by the previous president, Mark Ewing. In September of 1995, he had to withdrawal from classes due to health reasons. He was granted a "leave of absence" from office. However, the minutes of September 15, 1995 state that Roberts "resigned" from his position as LAR.

At the same meeting an election was held for a new Legislative Affairs Representative. Grace Wilson-Laudun was elected by a five to four vote over Ann Kennedy, and assumed the position.

Roberts' health has since improved and he wants to return to the position, but Wilson-Laudun refused to step down. However, she did agree to work together.

"I've worked my butt off in this job," said Wilson-Laudun. "If Wade wants to be co-chair that's okay with me, but I'm not stepping down."

At the January 19th meeting, however, Roberts declined the offer. At the same meeting, in a letter addressed to Fellow Student Government Representatives and Guests, Roberts stated "(t)his matter was discussed in two separate council meetings. When Miss Laudun excepted this position, she understood fully, that is was only temporary and knew that upon my return I would resume the seat." He also stated, "Even Miss Laudun herself, stated to me...that she KNEW that she was only temporary."

Wilson-Laudun said she does remember telling Roberts he could have the position back.

"That was before I put in over 100 hours of my time and my money," said Laudun. "I'm to the point now that I don't care what everybody else thinks. I have a rightful claim to this office."

MSC Student Government President, Dave Huycke, heard the agreement. He was also upset about what

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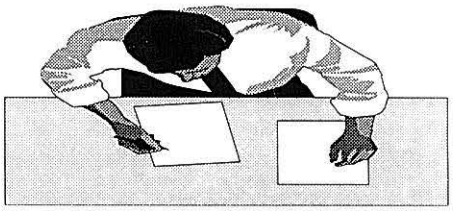
Happy Valentines Day!



From the Desk of Joseph Emmons

Director of Mat-Su College

It's finally decided to snow, providing us with the opportunity to enjoy all those winter activities like snow machining, skiing, sledding, and asking, "Have classes been canceled?" Our class cancellation policy at Mat-Su College is one of judgment. We make the judgment on closure based on considerations such as current and anticipated weather and road conditions, the potential effect of closure on classes, and concerns for safety. It is not a decision made easily or taken lightly. If classes are canceled, we will make every effort to inform the

Continued on Page 3, Snow

Editor's Corner...

Freedom of the press. What does this mean to a small campus paper. The same thing it means to any newspaper. This means freedom from political restrictions and the privilege to print anything of interest to those it serves. It means not bowing to threats made by those who hold the purse strings.

The MSC Monitor is a *student* newspaper. It's purpose is to present news of interest, to inform, present facts, and air out issues of concern. It is an open forum. It is written, compiled, and printed by students. Not faculty, not administrators, nor student government.

As a small campus we are not immune to political games. There has been heated debate within the walls of student government, which has spread to the halls and offices of this campus. It is my duty as the editor of this paper to present the facts of these, and any issues which concern the students, to the students.

Often these issues are not pleasant, or they seem trivial to all but those involved, and, sometimes we'd rather not air our "dirty laundry". But, let's face it, the duty of the press is to keep people in check. It gives everyone a chance to look at an issue, to think about it, to discusss it, to reach conclusions, and to make choices.

As editor of this paper I have had to make some tough choices regarding my obligation to the students and my desire to see this paper succeed and continued to grow.

I am learning what it means to be an editor. This has been, and continues to be, a learning experience for myself, and for all of us.

...Amy Menerey

Assistant Editor...

It has become apparent that there is some confusion in some people's minds. I felt I would try to clear up a few things.

Confidentiality.... What does that mean to you? According to Webster's II New Riverside Dictionary, it means disclosed in secret. Entrusted with another's confidence.

So what does confidence mean. Reliance or trust. A trusting relationship. A feeling of self-assurance. The assurance that someone will keep a secret.

Maybe it is necessary to know what a secret is to fully understand. It means kept from general knowledge or view. Operating in a hidden or clandestine manner.

Does that cover more than one person knowing what has been declared a secret to a bigger group? I feel a confidential secret is just between the teller and the listener.

Since I am in a defining mood, let's also look at the word integrity. Strict adherence to a standard of value or conduct. Personal honesty and independence. If we are going to assert that someone is lacking integrity we should first look to ourselves, or we could be the pot calling the kettle black. Each person can lack integrity at times.

I have heard it said somewhere, "Better to be thought the fool than to open your mouth and remove all doubt." Sounds like good advice to me.

Enough is Enough.

...Shelia Keyser

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The Monitor welcomes guest columnists and letters to the editor. Submissions will be printed according to space available, and must include name & phone number for verification. These can be dropped in the Student Govt./Monitor office, placed in the Monitor drop box outside the office, or mailed to the MSC Monitor, P.O. Box 2889, Palmer, AK 99645. The editor reserves the right to edit for length, clarity, grammar, spelling and libel.

Letters to the Editor

Dear Editor,

In the recent installation ceremony for Dr. Joseph Emmons, the new director of the University of Alaska's Mat-Su campus, remarks were made by a Regent of the University of Alaska inferring that the Legislature failed to appropriate the necessary funding to complete the Machetanz Building and pedestrian bridge.

We were present at this installation and were disappointed in both the tone and the lack of information portrayed in these remarks.

It's time to set the record straight and inform students, faculty, community members and in particular, the Board of Regents, how extensively the Legislature supported the funding for the Mat-Su campus! Last session, we made the completion of the Machetanz Building one of our primary goals because we felt it was an important step to enhance the educational environment on campus. For two years, the new building sat -- incomplete, idle, and empty, while students at the Mat-Su campus were forced to tolerate overcrowded classrooms. All the while, substantial expenses continued to be incurred annually just to heat and secure that empty building.

We didn't think that was a good use of University money.

We were successful in adding a $1 million appropriation to the capital budget to complete the entire project. The measure passed the Legislature, but the Governor vetoed half the money.

The Legislature showed its support by appropriating this money -- the Governor took that support away.

We will continue to make the success of the University of Alaska Extended Campuses a priority. But, in order to succeed, we either need enough support to override the veto when the Governor cuts the money, or we need the Governor to join us in supporting this campus.

Sincerely,

Senators Lyda Green and Rick Halford

Divided, *cont'. from front page*

happened.

"She (Laudun) gave her word and I gave my word to Wade. I felt bad that I couldn't keep it, but I have to go by what's on record," said Huycke. He also said he learned a lesson.

"I learned that everything has to be written down," he said.

When Roberts withdrew from classes he was disqualified from participating in student government affairs.

"It was, in fact, as though he quit," said Mat-Su College Director Joseph Emmons. Emmons became involved when, in their confusion, council members came to him for advice. He told them to look at the original motion made when Wilson-Laudun was installed, because this is the only documentation they have.

When the student government did this, they found that the record stated that Wilson-Laudun was replacing Roberts. The matter of Wilson-Laudun being temporary was not documented. But, Roberts thinks she should have honored her word.

The debate thus far has centered on whether or not Wilson-Laudun should give her position back to Roberts as agreed; and, whether or not she is wrong in wanting to maintain a position which she feels is rightfully hers. Some members of the council feel that written record and quality of work should determine the outcome, in which case Wilson-Laudun should stay. Other members feel that the decision is a matter or principle and ethics, therefore, Wilson-Laudun should resign and give the position to Roberts. However, new information has developed regarding this issue.

According to the Mat-Su College Student Government Council Constitution, Article IV, Section 2b:

"Club and organization Representatives" . . . "will hold office through the end of the spring semester, unless the club remains active during the summer, in which case the term of office shall end with the close of the summer session." Michelle McGehee, Student Government Secretary, believes that the position of LAR falls under this ruling.

"What else can you classify it as, it's never been addressed," McGehee said.

This would mean that Roberts' term as LAR ended prior to his resignation. Roberts was appointed into the position November 11, 1994. According to the constitution, Roberts' term ended at the end of the summer session, which was August 24, 1995. There is nothing in the official minutes of the Mat-Su Student Government that states that he had been reappointed to the position of Legislative Affairs Representative in the Fall of 1995.

Emmons said he thinks this is a good experience for the council. "This is why we have a student government. They learn to deal with real issues at this level that they'll face throughout life," said Emmons. "I also believe that democracy, what makes it all work, is compromise. And maybe that's what some people are forgetting."

Snow, *cont'. from front page*

faculty and students through radio announcements, and use of phone trees.

As a general practice, we try to keep the college open whenever possible. We do, however, understand that each student and instructor should be allowed to make a reasonable and responsible decision about his or her ability to safely make it to campus and attend class. Therefore, when we are experiencing weather extremes, we understand an individual instructor's decision to cancel class, and an individual student's decision that it is not possible to make it to campus. Just remember, university policy requires that if an instructor cancels a class the time needs to be made up. If a student misses class, the student is responsible for making up missed work.

WANTED

Ded or Alive
(Preferably Alive)

Coppy Editor for Stewdent Nuwspaper.

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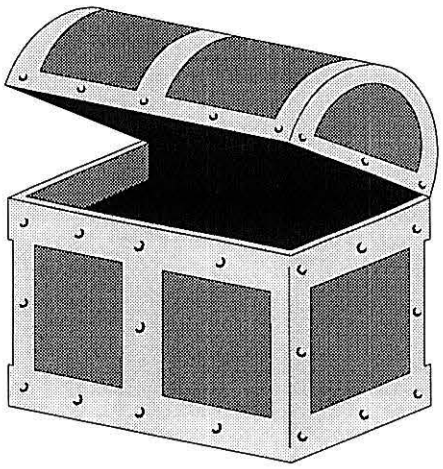
Retern prooft copi of Monitor as applikashun. Onle werk wonse a munth, pay iz a pat on tha bak!

(Hurey, we neeed help)

Life could be like a chest ... full of many treasures or empty from sharing with those in need



INTERNET

Internet after College

by Shelia Keyser

Have you heard enough yet? Are you still one of those who don't know what the Internet is? Do you even care?

In the last issue, we discussed how students use the Internet using their vax accounts from MSC; and how that use affects their lives. What do you do when you are no longer a student and can't use your free vax account access, but desire to continue life on the Internet?

The answer is there are a growing number of On-line Services cropping up.

While driving on the Palmer-Wasilla Highway I saw one that caught my interest, so I contacted them to find out why anyone would want to sign on with them.

I spoke with Will Fernandez, Vice President of Matnet located in the Microbyte. They have been in operation for about 6 months. They have a $25 sign-up fee and are $25 per month, $20 per month for seniors. They offer monthly, 6 month, or 1 year service contracts with buy-one-get-one-free, buy-six-get-the-seventh-free, or buy-twelve-get-the-last-two-months-free offers.

What is needed from the consumer is the standard equipment: computer, modem, trumpet windsock, netscape, email and various other programs I don't understand. The knowledge to use the above mentioned is helpful, but not totally necessary. Will, Dana, or Tom are available at anytime to walk and talk you through the steps.

Another plus is the fact that they have obtained 24 telephone lines at this point and will soon have an additional 10 lines. Busy signals are not a prevailing problem. A customer may only experience it once or twice. There have been many occasions at the college when we have tried for an hour before we could get on-line.

There is a 2 hour time limit per use but it is just a simple thing to log back on if you aren't finished. This may be viewed as a drawback to some of the hard core users who eat, sleep, and breath the Internet, but the basic user will be fine.

The main advantage to their system, was the ease of typing without the necessity of hitting return at the end of a line or having a 3 line limit before it resets your messages. Matnet has unlimited lines. I am always forgetting to watch my typing so I can send more than 3 lines in a message.

A variety of people already use their service including quite a number of elderly, and a few high school students. But the majority of the users are those 30-40 years of age. It is basically whoever has the money to pay and has the time to play.

They are planning to move their location to Wasilla to better serve the public in an easier accessible building. The present location is a hassle to enter and exit the Palmer-Wasilla Highway.

You can contact them at 373-3580 or email: will@Matnet.com

Other on-line services available to users are:

America On-line	1-800-827-6364
Prodigy	1-800-PRODIGY
CompuServe	1-800-848-8199
MSN	1-800-426-9400
Profound	1-800-270-9896
AT&T Business Network	1-800-660-2299

Small Business Administration (http://www.sbaonline.sba.gov)

The Mat-Su Computer; its here for YOU!

by Theron Bair

For those of you who have frequented the computer lab lately, you've probably noticed the one computer in the background that's strangely different from the other ones. Perhaps instead of the familiar C:\> prompt you've seen something asking you for a Username: and Password:. It seems bizarre, and out of place; only some people have ventured to use it. Well, that's because we were working hard on it, setting it up for YOU to use! That's right, like the title says, this is the Mat-Su computer; it's not much right now, but it's all ours, and it's open for use! It is a different kind of system; it's running the Unix operating system, which is different from DOS and Windows, and about as easy to use. However, this computer is hooked up to the Internet, and is an actual site; if you have an account, you can use all sorts of network applications and utilities that usually aren't available on a DOS computer (and some you won't even find on Orion, the Anchorage VAX). There are also plenty of programming languages, for those who are interested in programming, as well as other things; chat utilities, mail, network news, you name it, we have it! In addition, this type of computer is commonly used in the business world, universities, and computer industry, so learning to use it CAN be profitable!

However, in order to use it, you first need to know how to get to it, and need an account and password to log in. The first part is simple; it's available from the MATSU-USR-01> prompt, by typing "connect 137.229130.134". You can also get to it via telnet at the same address, or ackphft.matsu.alaska.edu (we're having a naming contest, to give it a hopefully improved name). To get an account, however, you need to talk to me in the computer lab, or leave a message for me through Carl Hereford. Once on, unless you know Unix, it might be a bit different from what you're used to, but I can help you get where you need to go! And after a while, I'm sure you'll be asking yourself how you ever got along without it!

(We ARE holding a "Name the Computer" contest, and since the winner of that contest will receive a free Evangelo's pizza, when you're coming to get your account, you can drop off your idea for a name! Read a contest flyer for rules and suggestions.)

That's everything you need to know to get started with the Mat-Su Computer, in a nutshell. And I'm available for help most of the week. Come on into the lab and see what it's all about!

Mat-Su Democrats

The OMT Skill Center hummed with activity February 3rd as Mat-Su Democrats held their First Annual Planning Retreat. Over 60 eager Democrats attended and took part in a wide variety of activities. Sessions on precinct organization, voter registration, and candidate recruitment provided excellent information and materials for those who will be taking part or leading upcoming precinct and district caucuses. A "how to" session on the Internet and World Wide Web provided very timely technical information. Workshops were led by party leaders. Both State Party Chair David Guttenberg and the Executive Director of the Party, Joelle Hall, were able to attend. Mr. Guttenberg led the session on Precinct Organization.

Democrats consider this year's elections to be the most important since those of 1932 and have committed their time, effort, and resources to electing Democrats to represent the Mat-Su. The enthusiasm for the work before them on Saturday intensified that commitment. Goals have been set, strategies identified, and committees formed.

Mat-Su College proved a marvelous host to the event and could not have been more cooperative and helpful. Former Director Glenn Massay was present and saved the day in hooking us up to the Internet. All the participants were most appreciative and very generous with their compliments--particularly about the food. Angelique and her helpers from EXPRESSIONS really made our school look good. Also special thanks to Finn and Mark from the Security Staff. Each of the these folks typified the feeling of community that we have here and reminded us once more how proud we are to be a part of MSC.

Mat-Su Democrats meet twice monthly (the second and fourth Thursdays of each month) at their offices in Room 202 of the TransAlaska Building on the Parks Highway in Wasilla.

District Conventions of Democrats will be held for Districts 26, 27, and 28 at Mat-Su Resort, at 9 a.m., Saturday, April 13. For more information, call Carolyn Covington at 745-3365 or you can visit with her in the Skill Center. The Skill Center extension is 763.

Student Senate Takes Control Of Campus Press

Eastern Illinois Government Passes Budget Measure To Oversee Student Paper

By Dena M. Venegas
NSNS Staff Writer

Journalism students at Eastern Illinois University got a real life lesson in censorship recently when the Student Senate passed a resolution placing all student publications under the control of the student government.

The resolution passed the Student Senate Jan. 16 and was sent to the president's office for final approval. If approved, the resolution will require all student publications --*The Daily Eastern News, Warbler, Minority Today, Heartland and Vehicle* -- to submit their budgets to the Apportionment Board for approval.

The Apportionment Board is made up of students and faculty appointed by the school president. Critics say the board is just a rubber stamp for the student government.

To journalism students, the resolution equals censorship, but to the Student Senate, it is a cost-effective decision.

"It was a bad idea, not to mention unconstitutional," said John David Reid, director of student publications. "This is America. We don't want to have the government in charge of the press."

At Eastern Illinois, Student Publications automatically receives $7.30 per student annually from mandatory student activity fees. Depending on student enrollment, the budget adds up to about $76,000 a year for all five publications. Supporters of the resolution say that figure is simply too high.

"I'm concerned with lower costs for the students," said Byran Gutraj, the author of the resolution and a Senate member. "They're spending too much money."

Although Student Senators say they are trying to save Student Publications from spending in a "frivolous manner" by making them accountable to the Apportionment Board, editors at *The Daily Eastern News* tell a different story, saying the paper is barely getting by.

"We don't make any money, we don't pay most of our student employees," said Reid. "And we're unable to upgrade our equipment to keep in touch with new technology."

The Daily Eastern News only receives less than 10 percent of the paper's $840,000-a-year budget from student fees. The large majority of revenues are generated by advertising, according to Heidi Keebler, the managing editor of the paper.

"We pretty much sustain ourselves on ad revenue," said Keebler. "The paper has 70 percent ads a day."

Keebler said the budget resolution passed after the paper printed a controversial rumor that black fraternity members must rape a white woman in order to be accepted into the fraternity. The rumor recently surfaced when a white female student was attacked in the student dorms.

"(Critics) said we gave the rumor validity," said Keebler. "But we clarified that (the incident) wasn't a rape and had nothing to do with a black fraternity."

The negative prattle about the article, however, convinced Senate members to vote in favor of the budget resolution.

Keebler said members of the newspaper staff will continue to fight the Senate decision.

"We made it clear that we would go to court," said Keebler. "Taking control (of our budget) doesn't make us accountable (to them)."

DO YOU HAVE A STORY OR AN IDEA EVERY MONTH YOU WOULD LIKE TO SEE IN PRINT?

FEATURE WRITERS WANTED

CONTACT THE MSC MONITOR

STUDENT GOVERNMENT

Student Government Spring 1996 Committees:

New committees for the spring 1996 semester have been formed. Volunteers are always wanted, needed, and appreciated. The following committees are looking for your support: the Activities Committees, the Board of Elections, the Student Government Graduation Committee, and An Increase in the Student Activity Fee Committee.

Activities Committee:

The Activities Committee provides activities for students such as barbecues, socials, music, and parties. The Activity Committee holds regular meetings that are open to the student body. Student input is always needed for possible activities.

Board of Elections:

The Board of Elections is designed to monitor the elections of new Student Government officers and representatives. The Board consists of three members from Student Government, two students from the general student body, and a faculty member.

Elections take place in late March or early April. One student from the student body and one faculty member are still needed to complete this committee. If interested, contact Michelle in the Student Government Office (located in the cafeteria).

Election committee members can not campaign in any way for any of the candidates.

Graduation Committee:

The Student Government Graduation Committee assists the Mat-Su College Graduation Committee with the setting-up, breaking-down, decorating, and ushering of the ceremony.

Christmas Ball Review Committee:

This committee has been created in order to review the presentation of the Annual Christmas Ball. Every year, this get-together is professionally catered and decorated. A professional disc jockey is also contracted for the evening. Even though this is a spectacular event, student attendance declined last year. A major reason for this decline is the decision to make it a non-alcoholic event. The members of this committee will be brain-storming alternatives for a different holiday event. Student input on this committee is greatly needed.

Increase in the Student Activity Fee Committee:

This committee has been formed in order to poll the student body on their opinions regarding a small $5.00 increase in the activity fee. Funds from this increase will provide more activities (ie. barbecues, socials, parties, music) and better representation for the general student body. This increase would also serve to adequately fund the student newspaper

Any student may volunteer for committee duty or just help out when you have extra time. You do not have to be a member of Student Government to participate.

ART CLUB MEETING!
FEBRUARY 13TH
NOON
FSM DRAWING ROOM
PLANS FOR WORKSHOPS IN METALS AND PAPERMAKING WILL BE DISCUSSED

Student Government Meeting

The next Student Government meeting will be held February 16th at 4:00 p.m. in JKB 108. All interested parties are welcome to attend.

Student Government Reporter needed:

Report on all aspects of student government: meetings, committees, etc.

Must attend meetings regularly, cannot hold a position.

Legislative Affairs

Designated members of Student Government will be attending the 11th Annual Alaska Legislative Conference in Juneau on February 14th thru February 18th. They will be voicing the concerns of the students, including the completion of the bridge to Snodgrass Hall, Senate Bill 123, and a freeze on tuition increases. If **you** have any other concerns that you would like voiced to the legislators contact Legislative Affairs Representative Grace Wilson-Laudun or Student Government President Dave Huycke.

Picking the Perfect Valentines Gift

by DancingFeather X

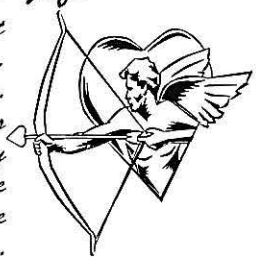
Are you wondering what you're going to get that "special someone" for Valentines? If you are, chances are that you are trying to think of a way to express your feelings. Before you go out and buy that pink, red and white package, you might want to reconsider. Is a store bought gift the best thing you can give this year?

Love is a very confusing word. There are many definitions of love and we each have our favorites. Sometimes I wonder why English, which boasts such a plethora of extra words, borrowed from here and there, has only one word for such an emotion. Love can be used as an adjective for infatuation, for sensual pleasure, for taste, for enjoyment, for commitment. But what does "LOVE" mean? Someone told me that love is selfish; that you only give love to receive love. That is one definition. The love I want to talk about, during this month when Valentines day makes us mull over this age-long subject, is unselfish love. True love is giving; giving without expecting anything in return.

Most of us want to receive before we give. If all of us did this, what a sorry state we'd be in, because we all need love. To this, I give another definition: belonging, being needed, wanted, enjoyed; purpose in living. When we feel like we don't belong, like no one needs or wants us, or our presence is not enjoyed by others, we lose a purpose to live.

Ah, but some can live without love, why they make themselves unlovable purposely! But are they really living without love? Have they not created a world of their own that revolves around their own self-love? Some people can get away with this (although I personally believe they are starving for affection), but the odds are that you and I can't find purpose in being, without love.

So, we are back to giving love. How do we go about this? Well, you can't go and buy a package of love at the store, and you can't pick it from the forest. Love, true love, is an expression of the inexpressible. And we express the inexpressible in five ways. We say kind words, words that affirm someone. We spend time, time that says "you are worth my most valuable possession." We spend money, material gifts that show you were thinking about the person. We do things for each other, acts of service say "I'm helping". And we touch, the nonverbal confirmation that shares not only warmth, but inexpressible feeling.



Different people express love in different ways. Some of us know only one of these ways of showing love, as is shown by Tavia's wife in Fiddler on the Roof, when he asked:

"Do you love me?"

"I'm your wife!"

"But do you love me?"

"For twenty long years I've washed your clothes, cooked your meals, cleaned your house. Given you children milked your cows. After twenty long years, why talk about love right now?"

For Tavia's wife, showing love was doing acts of service for her husband and children; every little act was an act of love. For this woman, being responsible was how she expressed love and devotion. But why didn't Tavia know then! I mean, after twenty years, why did he have to ask her if she cared for him? Because he didn't understand her expression of love.

Even children demonstrate different ways of showing and asking for love, which, by the way, we give to them as an infant; gifts, time, kind words, assistance, touch. Children usually pick one of these ways to interact with mummy and da. Some crawl all over a loved one, hugging and wanting to be hugged, just to be held. Some children want time; they want you to put down the paper, hang up the phone, look them in the eye, and listen. Others want to hear that they are loved, want to hear "I love you, you are important, I am glad you are here with me." For this kind of child, words of condemnation last forever, ringing down the halls of the years to haunt them in old age. And

Continued on Page 13, Perfect Gift

STESS REDUCTION TECHNIQUES

1. Establish priorities.
2. Talk it out.
3. Escape for awhile.
4. Work off your anger.
5. Give in occasionally.
6. Do something for others.
7. Take things one step at a time.
8. Give yourself a pat on the back for the things you do well.
9. Don't try to be perfect.
10. Give the other person a break.
11. Make yourself available.
12. Go easy with criticism.
13. Schedule your recreation.
14. Tell someone you care.
15. Be able to laugh at yourself.
16. Establish a stability or safety zone.
17. Develop a support system.
18. Keep your attutude positive.
19. Learn to say no.
20. Express feelings and emotions.
21. Don't try to please everyone.
22. Don't get in a rut; if the challenge is gone in your job for example, consider a change.
23. Look good in your appearance.
24. Exercise regularly.
25. Delegate routine tasks to others when possible.
26. Establish goals - When a person does not know what harbor they are sailing for, then no wind is the right one.
27. Don't be afraid to admit a mistake.
28. Don't constantly tell people your problems.
29. Enjoy yourself today.
30. Communicate effectively with "meaningful others".
31. Go on mental vacations.
32. Listen more and talk less.
33. Never neglect your family. A good relationship with them will help you survive.
34. Life is a journey, not a destination.
35. Learn to accept what you cannot change.
36. Avoid self medication.
37. Get adequate sleep and rest.
38. Balance work and relaxation.
39. Brief solitude.
40. Progressive muscle relaxation.
41. Meditation.
42. Managed imagery.
43. Hypnosis.
44. Biofeedback.
45. Religious faith and practice.

Visual Arts

MSC Gallery will be hosting a student exhibition beginning Feb 20. Deadline foe exhibit entries is Feb 13 for currently enrolled art students or members of the Art Club. Contact Vickie Cole.

Jeanne Phillips -- glass art, Feb 15 - March 15, MSC Atrium. Reception Feb 15, 5:30-7:00 **SEE PAGE 16, Hand and Spirit

Two Dimensional Student Invitational -- Feb 8-22 UAA Campus Center Gallery

Ross Coates -- sculpture, Feb, International Gallery of Contemporary Art

"Lester Newell: Manual Morphing...Pushing the Limits of What Stone Can Do" -- Feb 15, Aurora Fine Art

All Alaska Juried Art Exhibition until March 3, Anchorage Museum of History and Art

Bev Doolitle and her MAGIC -- Feb 20, 5-8pm, The Gallery

David Freeman -- paintings and drawings, Feb 2-25 Carr Gottstein Academic Center Gallery

Dee Boyles -- watercolors, Feb 2-25 Grant Hall Gallery

MUSIC

Anchorage Youth Symphony -- Feb 13. Alaska Center for the Performing Arts

Kathryn Hoffer -- Anchorage Symphony Orchestra. Feb 17. Alaska Center for the Performing Arts

"Mozart: Grand Mass in C Minor" -- Anchorage Concert Chorus. Feb 24. Alaska Center for the Performing Arts

UAA Sinforia and UAA Wind Ensemble Feb 24. UAA Arts Building

Makoto Nakura/David Fedele -- Anchorage Concert Association. Feb 25. Alaska Center for the Performing Arts

Juliana Osinchuk -- piano. Benefit Recital. Feb 25. Discovery Theatre. Alaska Center for the Performing Arts

Air Supply/America -- Feb 16. 7pm Egan Center

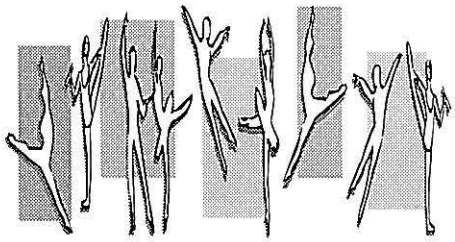
Creedence Clearwater -- March 8. 8pm Egan Center

At The Movies

by Joan Tower

TWO IF BY SEA

Sondra Bullock is losing her cuteness; she needs to expand her horizons and not depend on her perkiness to carry a movie. Two If By Sea is a nice piece of fluff, but doesn't challenge her acting abilities. If you just want to be entertained, this could be a good movie for you. If you're looking for political and social value; forget it.



DANCE

Mobius - Alaska Dance Theatre Feb 16-17, Alaska Center for the Performing Arts

THEATER

A Midsummer Night's Dream -- Feb 13 UAA Wendy Williamson Auditorium

I DO! I DO!" -- Valley Performing Arts, Feb 23 - March 10, Alaska State Fairgrounds, Palmer

"The Heidi Chronicles" -- UAA Theater Feb 23 - March 10, UAA Arts Building

This Year

Author Unknown
Contributed by Shelia Keyser

Mend a quarrel.
Seek out a forgotten friend.
Dismiss suspicion, and replace it with trust.
Write a love letter.
Share some treasure.
Give a soft answer.
Encourage youth.
Manifest your loyalty in word and deed.
Keep a promise.
Find the time.
Forgo a grudge.
Forgive an enemy.
Listen.
Apologize if you were wrong.
Try to understand.
Flout envy.
Examine your demands on others.
Think first of someone else.
Appreciate.
Be kind; be gentle.
Laugh a little. Laugh a little more.
Deserve confidence.
Take up arms against malice.
Decry complacency.
Express your gratitude.
Have faith.
Welcome a stranger.
Gladden the heart of a child.
Take pleasure in the beauty and wonder of the earth.
Speak your love.
Speak it again.
Speak it still once again.

LIFE

by Ron Roberson

The twilight in the time of life,
for which all of us are headed,
Memories of thoughts and deeds,
some cherished, others dreaded.
Fathers, mothers, sisters, brothers,
make this trek worthwhile,
And others who have touched my life,
perhaps with just a smile.

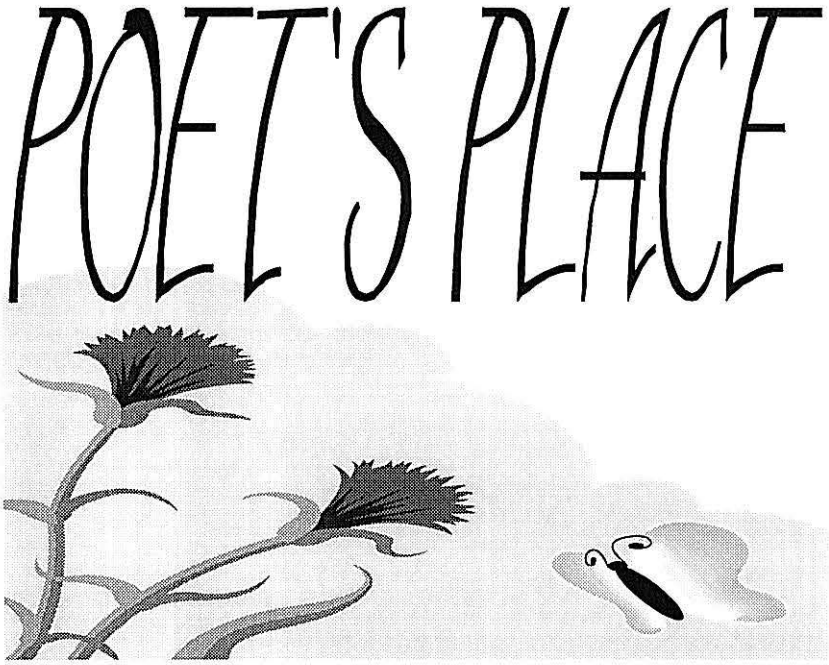
Now that I am growing older,
I feel my youth was wasted,
Then think of things that I have shared,
and others I have tasted.
The span of life from birth to death
may often be fulfilling,
He who wastes this time on earth,
the end may not be too thrilling.

Rusalka-Wise

by Dancing Feather X

Rusalka lies,
Of Ghostly cold,
Rusalka tries,
To take my soul
Luring wisps
Of twisted light.
Straining eyes I glimpse
Through the darkest night of
blending, sending mist.
A shadow white,
Of lacy webs,
Of coldest, cruelest spite.
A misted, twisted nebulous
teasing edge of sight.
Ghost all laced,
In dripping dew,
And silent aching face,
Tingling chill, so very new
that starts the heart to race.
He reaches out,
With icy touch,
Drawing back to pout.
My curiosity too much he
weakens silly doubt.
Drawing near,
With smile fey,
Ghost of life appear
Dancing hands found a way
to dissipate my fear.
Touched and brought
From burning breast,
Heart's flaming thought,
He put it in his chilly chest
and leaves the shell to rot.
Buried deep,
In coldest mud,
Where shadows creep and
seep,
The river banks swell and
floods and raindrops
dripping weep.
Heart taken,
And bones embedded.
In clay I 'waken
In mud impeded he's taken
and forsaken.
Free, the thief,
Through shadows waning,
Flees through falling leaves.
My soul done maiming,
deeply shaming he's left me
lost in grief.
Rusalka lied,
With icy darts
Rusalka-wise,
He took my heart.

(Very much like a vampire, a rusalka is a mythological Russian ghost of a victim drowned in the river; a rusalka lives by taking life from living things. A rusalka who drowned by accident was dangerous; one who drowned by suicide was even more dangerous; but the worst of all rusalkas, was one who had been murdered: they were the strongest and out for revenge. To learn more about rusalkas, read Rusalka by C.J. Cherryh.)



The Bookstore Woman

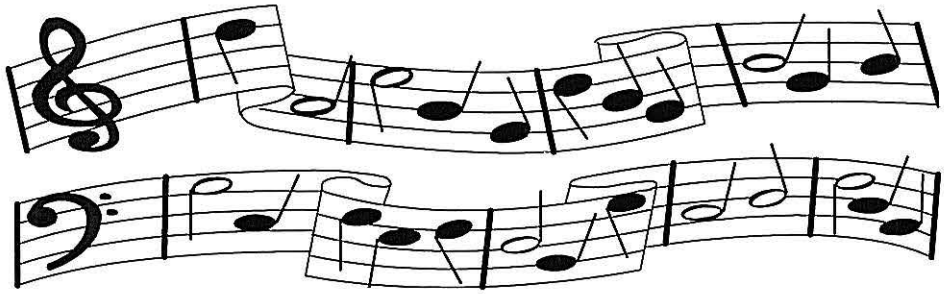
by Charles Austin

21-year-old Wasilla resident Ericka Erickson is a full time student and a part time employee of the Mat-Su College bookstore. Currently enrolled with 13 credits, Ericka does not have a declared major but she loves to write, so she is considering whether a Bachelor's degree in English is the right choice for her.

Ericka's wide array of interests include writing, reading, biology, hockey, ice skating, softball, and dancing. A romantic at heart, Ericka entertains her reading hobby with Shakespeare (she especially likes Hamlet and Romeo and Juliet), Edgar Allen Poe, Ann Margaret's Gone with the Wind, and Nora Robert's Honest Illusions. Ericka loves seafood but she has a special taste for octopus, eel, and shrimp sushi.

Ericka likes working in the bookstore and meeting new people. When interviewing Ericka, I found her to be a very warm and energetic person to talk with. Although her pet peeve is that she does not like it when people ask her a question she has already answered Ericka was very patient and attentive to my questions.

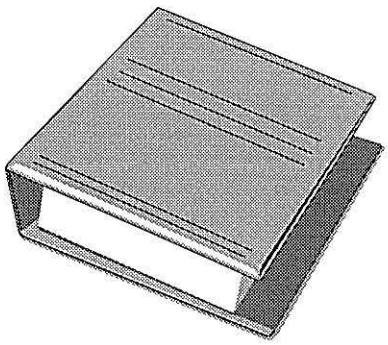
Getting to Know You...



Musical Building Blocks

by Amy Menerey

Mat-Su College's new music teacher, Lynn Simpson, has been teaching music in the valley for the last 25 years. A friendly, pleasant woman, Lynn is "quite thrilled about teaching here." She teaches Music 111, the Fundamentals of Music, which she prefers to call the building blocks of music. Her degree from Pacific Lutheran University in Washington is in Education/Music. A mother of five children, ranging in age from 11 to 20 years old, she lives on Finger Lake where she teaches private lessons in her studio overlooking the lake. All of her children are involved in music as well, and her oldest attends MSC full time. Her husband works in Anchorage at the Anchorage Daily News and they have lived in Alaska since 1963. Lynn has taught at elementary schools, middle schools, and was the Assistant Director for the MSC choir for the last two semesters. She is also the Adult Choir Director for Good Shepherd Lutheran Church. A busy lady, Lynn likes to look at life through her favorite quote from Voltaire, "Life is a shipwreck but we must not forget to sing in the lifeboats." She also uses this quote to describe the spirit of her students at MSC. She states, "the students are eager to learn, experiment, and throw themselves into life, into music."



The Woman Behind The Man

by Shelia Keyser

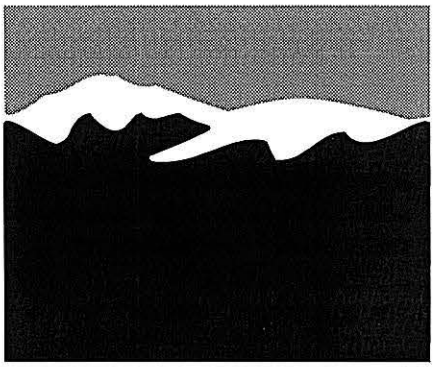
Behind every great man is a greater woman. The woman I'm referring to is Bette Belanger. Executive Secretary for the last two and a half years. She has seen the changing of the guards and will aid the new director is his transition.

She came to Alaska during the pipeline days and drove a truck. She later worked other odd jobs. such as construction teamster. and waitressing.

She graduated from MSC in 1989 with an AAS in business and accounting. She began work here as a temporary employee and the position became permanent. Until this semester. she had been a Word Perfect instructor in addition to her executive secretary duties.

Her interests are mainly in flying and traveling with her husband. They just returned from a two week trip to Maui. "I enjoyed Maui. but I was ready to come back to a routine."

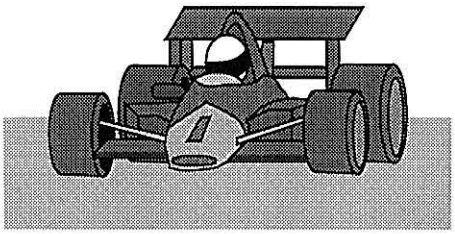
Advice she would like to give to students: "Don't take things too seriously around here." Advice she would like to give to her daughter. "Take



SPORTS

Fur Rondy Events for Sports Enthusiasts

The 1996 Fur Rondy starts February 9th and runs through February 18th. There are many events for enthusiasts of all kinds. Ice Bowling at the Peanut Farm, a pool tournament, a dart tournament, a Frostbite Footrace, the World Championship Dog Weight Pull, and Snowshoe Softball to name a few. Some of the more interesting events include a Waiter/Waitress Olympics at Sea Galley on February 10th and a Ten-Key Key Off at the Office Place on February 15th.. Unfortunately, the Grand Prix and the Sled Dog Races have been cancelled, but there will be lots of other exciting and weird events to be had. Check the Anchorage Daily News for a calendar of events.



Big Lake Grand Prix Sports Car Ice Racing

The Alaska Sports Car Club will be holding a Grand Prix on February 17th and 18th at the Klondike Inn at Big Lake. Races will be starting at 10:30 a.m. each day.

Sponsored by: The Klondike Inn, Aurora International, Inc., Big Lake Lions, K&L, KMBQ and Alaska Distributors.

The Mat-Su Democrats Announce
First Annual Sweetheart Ball
at
Mat-Su Resort
Saturday February 17, 1996
8 to midnight
Tickets sold at the door
$15 each or two for $25
Join in for an evening of
Music, Dancing,
Door Prizes,
Food and Fun

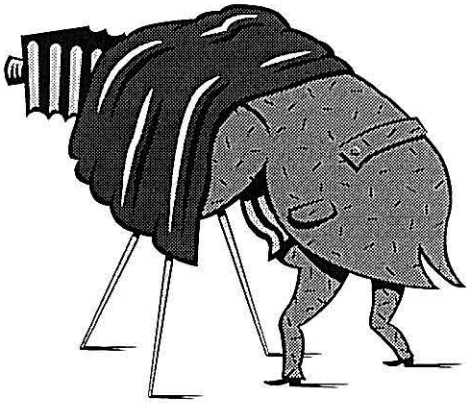
Interviewers wanted for our "Getting to know you" column:

Interview teachers, faculty, and/or students. Write biographies.

Submit them to the Monitor

PHOTO NUTS, DARK ROOM HOUNDS, AND SHUTTER BUGS!

I AM STARTING A PHOTO CLUB HERE AT MAT-SU COLLEGE!
INTERESTED PERSONS CONTACT AMY - 745-9759, OR COME BY THE PHOTO LAB ON SATURDAYS BETWEEN 2:00 AND 5:00



CLASS NEWS

Western Civilization II

by Ima Fedup

It is listed in the Spring Course schedule as "Western Civilization II", or History 102. The description of the class is as follows:

"A survey of the developments in western civilization from 1650 to the present. The major social, political, economic, and intellectual characteristics of western society will be emphasized." Pretty hard to believe, isn't it?

This is my second class from the instructor, Ms. Gilbert, and I am still questioning my sanity for taking another. Her approach to teaching can be compared to a kindergarten class. Sitting in alphabetical order? Penalization for attendance of the entire class? Last minute syllabus changes? Or worse yet, term papers that are due five weeks into the semester, because she can't handle the extra work at the end of the semester?

I expected to learn something from this class, yet so far all we have discussed is disease and her problems. O.K., the diseases were relevant to western civilization, but who cares about her personal life.

C'mon folks, this is college. I pay good money to attend classes and I am more than old enough to account for my own behavior. I expect an education. That's why I attend college. Are we as students willing to let our education slip to pacify the whims of an instructor? I would discourage anyone who needed this class, as I do, from taking it.

Watercolor Painting

by Mark Buzby

I would have to say that the watercolor class offered at Mat-Su is one of the best series of classes that I have taken. Beginning through advanced students work side by side on their individual pieces, which is rather useful because students can interact with different levels to gain help or inspiration. Shari Williams, the watercolor instructor for Mat-Su, gives positive and helpful advise. Information on sale and displaying of art work is given along with technical advice. Shari works with the students to bring out their own specific style and personality. Creativity is encouraged.

At the beginning level of instruction very few materials are required. That way, if you decide watercolor painting is not for you, you haven't spent a great deal of money on supplies. Intermediate and advanced students are encouraged to expand their horizons by experimenting with different styles and materials to find what works best for them.

Classes are on Fridays from 9:00 to 2:30 with a 30-35 minute lunch break right before noon. Class is relaxed and has a friendly atmosphere. You can take a break whenever you need one. Anyone can do watercolors if they practice enough. Drawing classes do help, but are not required. Classes are enjoyable to come to and participate in.

Class News are reviews and opinions of students who have taken classes at Mat-Su College. They do not express the views of the MSC Monitor or any members of its staff.

Two Standing O's for STOMP

by Amy Menerey

If you missed the STOMP performance, you missed an incredible show.

This group of energetic, non-stop performers could be described as junkyard percussionists, but, they are so much more. They are athletes, dancers, actors and comedians. Presented by the Anchorage Concert Association, this was not your typical high-brow affair.

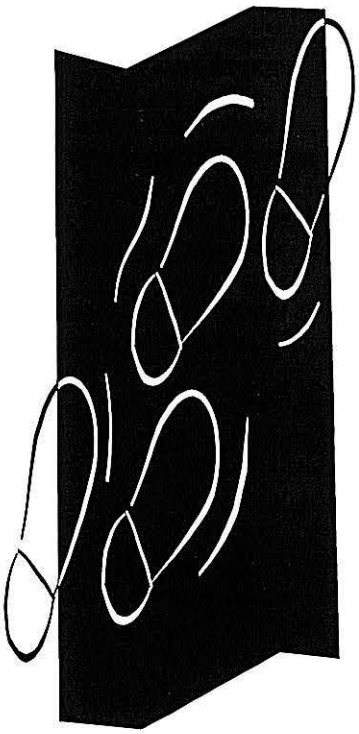
Throughout the tremendous two hour show, one message rang clear: music is everywhere, in everything. These powerful performers used everything imaginable, yes, even the kitchen sink, to make fabulous reverberating tones.

Each act brought new delight and amazement to the audience as they asked themselves, "what next?" From the primitive tribal dances, to the much publicized 55-gallon drum "shoe stomp", the variety was outstanding.

The audience became familiar with each of the performers as their characters developed throughout the show. There was the serious one, the cute one, the sexy one, the white boy with no rhythm, and, of course, the ever-present class clown. The class clown became a personal favorite as she led the audience through repeated "lessons" in clapping.

The crowd rose to their feet after an amazing aerial number in which the performers played music on various junkyard objects bringing the noise level to an exhilarating crescendo. This act was too incredible to accurately describe, yet they went on to perform for another twenty minutes after which the audience again rose to their feet.

I watched as audience members clapped and tapped their way into the halls of the Atwood, and into their cars as they drove away. I will never look at trash the same way again.



notes on science

Narcolepsy Linked to Neural Degeneration

Narcolepsy is a neurological condition that causes afflicted people and animals to be chronically sleepy and often to fall asleep when they are emotionally aroused. A narcoleptic strain of Doberman Pinscher, for example, will collapse in slumber if it is over-excited by play or a scrumptious bone. Humans with the disorder, similarly, fall into sudden sleep upon hearing a joke, or getting angry or otherwise excited. The condition, which often runs in families, develops some time after birth (around two months in dogs and typically around puberty in humans).

Scientists had speculated that it is caused by a degenerative process occurring at the time of onset, but had not been able to find any pathological signs in the brain to help explain the disorder. Now Jerome Siegal at UCLA and collaborators at Stanford have found the first evidence for degenerating axons in small regions adjacent to brain areas that regulate sleep. They also reported degenerating cell bodies in the amygdala, an area central to the regulation of emotion. The involvement of the amygdala could well explain why intense emotion can trigger narcolepsy.

The findings, made in animal studies, will not offer immediate relief to the 250,000 American narcolepsy sufferers, but should shed new light on this mysterious and mortifying disorder, and perhaps point the way to potential treatments.

-JK, From BrainWork/January-February 1996

happy valentines day

Perfect Gifts, *cont', from page 7*

still another child will show love by giving, making mommy a painting (and spilling the paint), baking daddy a pie (and spilling that too), giving Uncle Jon you're favorite screwdriver, and giving you the largest half of his candy bar. This is my brother Jimmie, and he will give until there's nothing left to give. Then there's the helper, the little elf whose helping, helping, helping, most often gets in the way with the basement dripping from mop water, your favorite mug broken between the counter and the dishwasher, your project completely ruined because she put it away for you before the paint dried, helping, helping, helping, until you want to scream, "STOP!"

WE MUST NEVER SAY STOP TO A CHILD BECAUSE THEY JUST MIGHT.

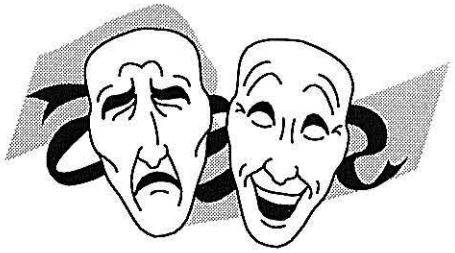
As we grow, we find our dominant way of expressing love, and it usually sticks for the rest of our life. Often when we "fall in love" (infatuation or obsession is the definition of that use), we also demonstrate all five ways of expressing love: we buy gifts, hold hands, spend time, help out, and say sweet sweet things. Chances are that the other "special someone" is latching onto only one of those expressions of love. After we've lived together long enough for the obsession to leave, we are still the same people, but we love differently than we thought we did before: we fall back into only one way of communicating. And here comes the big "M" word, miscommunication.

One way to tell how a person expresses love is to observe. Do they like to help, give, visit, praise, or hug to show love? How do they complain that you don't love them? "You don't spend time with me." "You never help me around the house - look at everything I do for you!" Chances are that if one of these lines are frequently heard from a person, then that is the way they communicate and receive love. If you want to communicate love to a person who needs gifts, buy a card. If your loved one needs time, be a big spender this Valentines and spend some time! If that loved one has complained about being appreciated, quit being a dullard and appreciate them: Say, "I appreciate you because..." and fill in the blanks with positive, affirming praise. And if you really love, if you really really love that person, why not make a point of expressing your love every week of the year, not just on Christmas, birthdays, and Valentines?

One suggestion I have is to make a list, not a big one, just a note to yourself about what that special someone would like. As an example, a flower, a card, a chocolate, a compliment, etc., and make a point to do one of these things once a week. If you have a helper, your list could look like: take out the garbage, vacuum the floor, make dinner, and so on. For your affirmer, here are some words: special, unique, thorough, kind, and sweet. For your visitor, visit. Turn off the TV, turn around look in his or her eyes, listen and talk, go out to dinner, take a walk. For your toucher? We, you can make up your own list.

I have one more note for those of you who don't know if you love that someone special: Where your treasure is, your heart will be also. When you work at love, give time, give effort into communicating love, you are creating jewels of memories that will last, and somehow, when you work for something with all your heart, you will find love. If you have a spouse, or friend, or relative, with whom you want to respark that emotion or: if you want to know what it feels like to give without expecting anything in return, be a gambler - be unselfish. Give something without expecting anything in return, because that is the only love that we can call true. Imagine what it would be like if everyone in the world practiced this - we wouldn't need to talk about peace. If this has sparked you, given you an idea, given you encouragement, I would suggest you read <u>The Five Love Languages</u>, by Gary Chapenter, which inspired me to write this piece.

HUMOR HALL



You know you are at Mat-Su College ...

when you don't know what time it is because all hundred clocks have a different time.

when you walk from class to class, building to building and see an unfinished walkway.

when you manage to lose weight from walking the long halls to get to class.

when you hear students whine about homework.

when you know everybody's name and everyone knows yours.

when you see people of all ages and can't tell the teachers from the students.

want to finish the sentence too? send in your responses to the monitor.

You thought **YOU** had a bad day....
A day in the life of a fellow student:

hit a dog (he wouldn't get out of the road and the roads were too icy),

pulled over to follow dog to his house and found no one home so he left a note,

returned to truck to find it smashed into and undrivable (wasn't his fault, though, so it could have been a lot worse) called police and got everything taken care of,

Tow truck dropped him off at the house to find two leaks in the roof,

wondering why it wasn't fixed by other members of the house, he found out they were in Anchorage helping an evicted cousin,

not having wheels, he missed a class in Anchorage (4 absences = automatic F),

being at home with nothing to do he witnesses the neighbor's mailbox being torched and had to call the police ..... again.

A Moral Tale About The Rewards of Saving

Contributed by Bill Butler

Meet two students and how they plead
For a scholarship based on need.

Sam Otto Thrift, between loud sobs,
Tells how he held down seven jobs.
From dawn to dusk at work he slaved.
He never spent; he only saved.
Today, he has a great amount
Of green stuff in his bank account.

His rival, Stanley Oscar Waste,
Was prone to gratify his taste
For stylish clothes and a trip
To St. Tropaze to take a dip.
With what was left, Waste bought a jeep,
His only asset, a tan to keep.

Were you to judge, I know the gift
Would go, for sure, to S.O. Thrift.
But life's not fair. The world, indeed,
Rewarded Waste. Thrift had "no need."

Lesson: Eat, drink and be merry; that's the sure way to qualify for financial aid.

Humor from the Internet

from ASCRC1 from reid9525@UIDAHO.EDU

Here is a true story someone found regarding exams at Cambridge University. It seems that during an examination one day a bright young student popped up and asked the proctor to bring him Cakes and Ale. The following dialog ensued:

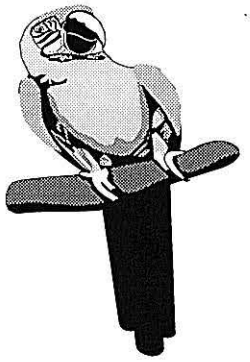
Proctor: I beg your pardon?
Student: Sir, I request that you bring me Cake and Ale.
Proctor: Sorry, no.
Student: Sir, I really must insist. I request and require that you bring me Cakes and Ale.

At this point, the student produced a copy of the four hundred year old Laws of Cambridge, written in Latin and still nominally in effect, and pointed to the section which read (rough translation form the Latin):

"Gentlemen sitting examinations may request and require Cakes and Ale".

Pepsi and hamburgers were judged the modern equivalent, and the student sat there, writing his examination and happily slurping away.

Three weeks later the student was fined five pounds for not wearing a sword to the examination.



In Your Community

School Board Hearings

Wednesday, February 14
Wasilla High School
7:00 - 10:00 p.m.

Wednesday, February 19
Sherrod Elementary
7:00 - 10:00 p.m.

Wednesday, February 28
Cottonwood Elementary
7:00 - 10:00 p.m.

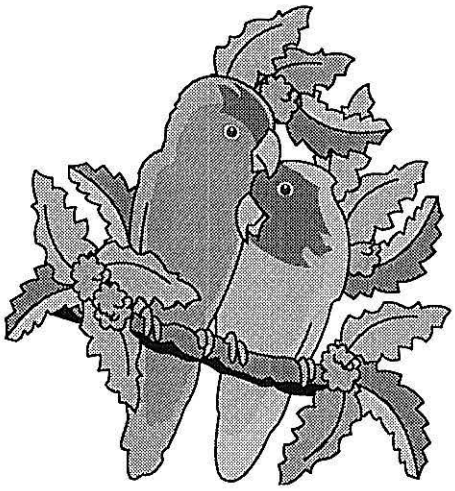
Students who have taken the Advocating For Victims Of Domestic Violence And Sexual Assault Class... please read

The Valley Women's Resource Center, Inc would like for you to donate your books from the advocates class to the center. It has been brought to our attention that, "Against Our Will" is not going to be sold anymore. The agency would like to continue using the books for the advocates class.

Please call or just drop your donation by the center in Palmer.

United Way of Mat-Su

Annual meeting, 5:00 p.m., Feb. 12, United Way Board Rm., 701 Parks Highway, Ste 206. For more info. call 373-5807.



Volunteers Needed:

Valley Women's Resource Center: to provide transportation for the services to young pregnant women program. Call Kelli or Lisa 376-3127 or brenda at 746-4080.

Big Brothers/Big Sisters: to open an office in the Mat-Su Valley to serve local kis. Adult volunteers needed. Call 376-6535 or 376-7613.

Habitat for Humanity: to act as representatives to the various organizations meeting in the valley. If an established or new volunteer and would like to become a rep., call 373-7278 with your name and contact numbers. Free training is available.

Chamber of Commerce Meetings

Palmer: Wednesday, noon, Feb. 14, Palmer Moose Lodge, 745-2880.

Wasilla: Tuesday, noon, Feb. 13, Mat-Su Resort, 376-1299.

Blood Needed

The Blood Bank of Alaska Mat-Su needs your blood! All types. Open 8:00 - 11:00 a.m. and 1:00 - 4:00 p.m. Tues., Thur. & Sat. Lakeview Professional Building. Call for appointment Monday thru Thursday at 376-1195.

Valley Women's Resource Center, Inc encourages everyone to participate in

Peaceful Solutions Week,

February 11-17, 1996
sponsored by
the Association of Alaska School Boards

The Best Way to Stop Something... Is To Start Something

Educate yourself on violence and the different ways to prevent violence from occurring.

Be actively involved in positive neighborhood activities.

Intervene when you see something wrong, become comfortable in different intervention methods.

Support legislative actions that address the reduction of violence.

Examine yourself. Do your own words, attitudes, and actions reflect a tolerance for violence or a desire for peace and mutual respect?

Don't participate in violence.

Make someone else laugh.

Practice peacemaking skills.

Recognize opportunities to show that we will not tolerate violence in our communities.

Loan Industry Pays Off Student Lobby Group

(NSNS) - Evidence recently disclosed by Sen. Paul Simon (D-Il) indicates that loan industry officials paid $3,000 to a graduate student lobbying group last year in exchange for the group's "neutrality" on the contentious direct student loan debate in Congress.

Simon exposed documents of E-mail conversations between Mark Cannon, executive director of the Coalition for Student Loan Reform, and Kevin Boyer, executive director of the National Association of Graduate and Professional Students (NAGPS) in December.

Officials of the cash-strapped student lobby admitted that they accepted the money on July 31, 1995. E-mail transcripts indicate that the donation was made on the premise that NAGPS back off from lobbying for direct student loans. Direct student lending is made by the federal government to universities without the intermediary of banks or guaranty agencies.

"(Mark Cannon) said that if NAGPS would come out neutral on the subject (of direct lending), he thought that his members would feel 'philanthropically-inclined' toward our organization," Boyer wrote to his Board of Directors on Feb. 20, 1995. "He basically said that some funding could be arranged for that but only if they were guaranteed that we wouldn't oppose them on direct lending... Tomorrow I'm going to call mark Cannon at the Coalition... to ask his group to support NAGPS (and other students' efforts) on this issue with cash contributions."

Numerous sources confirmed that the E-mail transcripts were verifiable. However, Boyer said the E-mail quotes were taken out of context.

"Whether or not the loan industry was attempting to secure influence with us was not our concern," Boyer explained. "We were focused on $30 billion in cuts to the in-school interest exemption, and the fact that students did not have adequate representation in Congress. That was our biggest problem."

Boyer admitted that he was "too candid" in early E-mail messages to the association's board members, and attributed his mistake to being "very inexperienced" about political motives on Capitol Hill.

Boyer said other student lobby groups criticized the NAGPS decision to accept the money. After being attacked by allies, NAGPS officials gave the money back to the Student Loan Funding Corporation in November.

"We returned the donation to illustrate that we were serious about wanting to repair our relationship with (other student groups)," Boyer said. "At the time, we thought we were doing the best thing for our constituency. The interest exemption battle was our focus."

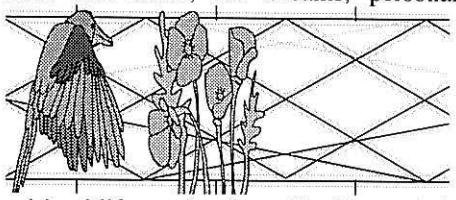
During the recent federal budget standoff, President Clinton has championed the direct lending process for increased flexibility, reduced bureaucracy, and diminished costs to students. House Republicans have backed the guaranteed loan industry, which stands to lose large profits from the gradual shift to direct loans.

Cannon works for the Student Loan Funding Corporation, a company that helped launch the Coalition for Student Loan Reform in 1993. Since then, the Coalition has worked to oppose the Administration's efforts to increase direct lending.

Are you naturally nosy? Are you interested in everything? Do you often wonder, why? Do you like to dig up stuff? Investigate? If you answer yes to these questions, we need you! The MSC Monitor is looking for News Reporters to research and investigate news around campus and the valley. A good ear and a quest for information a must.

Hand and Spirit
Solo Exhibition
by Jeanne Phillips

Glass art by local artist Jeanne Phillips will be shown at the MSC Atrium. The show will consist of past and present glass art; Spirit masks, shields, window panels, slumped plates, etched glassware, jewelry, flame worked beads, fabric spirit dolls and more. Phillips has worked with glass for 22 years. Her mastery of the varied glass techniques is apparent in her unique and original designs and use of the materials. She is inspired by Alaskan flora and fauna, her dreams, personal



spiritual life, study of world wide symbols and myths and the spirit in all living things. Her art has a delicate transformational flow and style that is easily recognizable. She says that working with her hands and creating is what she has to do, it's part of her own transformational processing. And the interplay of light with stained glass is itself a "Window to Spirit". The many facets of glass continues to challenge her.

Jeanne taught stained glass window design and construction, sandblasting and etching with acid, the hot glass techniques of fusing and slumping and painting on stained glass at MSC in the early eighties. Most recently she has added flame worked glass to her list of techniques, making glass beads, She now teaches private lessons from her FIREFLOWER studio. She has been building her studio, an ongoing labor of love since 1977. It's nestled in a birch forest on Bluebird lake. A delightful natural setting, she is surrounded by the beauty of nature. FIREFLOWER Studio is located in the Meadow Lakes area approximately seven miles north of Wasilla. By appointment only her work can be viewed at her studio. It can also be seen at The Gallery in the clock tower building in Wasilla. And numerous galleries around the state and out of state. Jeanne mastered many techniques in her 22 years working with glass. Go see her etchings.

ADS
FREE Ads to students, faculty, adjunct, and administrators of MSC.

To the Person who stole my spare tire out of the red Ford 1-ton pickup which was parked in the parking lot: PLEASE RETURN IT! No questions asked! I would greatly appreciate it!
373-7402

'75 Dodge 4X4 truck, red, black, selling as whole but needs engine. $600.00 OBO
745-1141

TO WHOM IT MAY CONCERN:

A dark blue book bag was removed from a locker across from the bathrooms in JKB on Thursday, Feb. 1st. There were several textbooks and important class notes in this bag. **PLEASE RETURN the bag to the locker or to lost and found with instructions to contact Student Government!!!!! -Mona Christensen**

Brand new Atlas tires, used only one week. 31x10 50 R15 LT
$300.00 OBO
745-1141

Dr. Chang, Mathematics Department Head, is interested in starting a **Mat-Su College chapter of ASCD (Association for Supervision and Curriculum Development).** If you are interested in joining this program, or would just like more information about it, please call **Dr. Chang** at 745-9727, or stop by his office, OLB 210. This would be advantageous for future teachers.

EXTRA, EXTRA

JUST A REMINDER!

Application for Graduation Deadline is Near!

If you are planning to graduate this spring (1996), you will need to complete the "Application for Graduation" form, and pay the $20 graduation fee by **FEBRUARY 15, 1996**. See a counselor for the Application for Graduation form.

Just a note, if you are working on a four-year degree from the UAA campus and planning to graduate this spring, their deadline for application for graduation is past. It was on January 29, 1996.

The business office is accepting SEALED BIDS until February 16, 1996 for the following surplus vehicles offered "as is" and "where is" without warranties or representations either express or implied regarding quality or condition of any item sold:

1984 AMC Eagle Wagon,
1982 Ford Van,
1990 Ford Tempo

Mileage and minimum bids are posted throughout the campus and the forms are available at the business office 8am to 5pm. Contact Susie Musgrove for any further questions.

February Birthdays:
Donald Irsik
Debbie Dickey

Financial Aid Wizard
Barb Carney says:
There are several scholarship applications available at financial aid and counseling receptionist's desk for those interested in finding some extra school moolah.

OMT SKILL CENTER

The OMT (Office Management and Technology) Skill Center offers 16 class options that students can register for anytime during the semester. The courses are offered on an individual open/entry-open/exit basis. Our hours this semester are as follows:

Mon.	11:45 - 9:30
Tues.	11:45 - 12:30
	2:30 - 6:30
Wed	10:00 - 9:00
Thurs.	11:45 - 12:30
	2:30 - 4:30
Fri.	9:00 - 4:00

The Skill Center will be open on two Saturdays, April 20 and May 4, from 9-3.

Records Management (CIOS 276, 3 credits) has been added to the Skill Center classes listed in the 1996 Spring course guide. If you have any questions concerning the Skill Center, please give us a call at 745-9763.

Quintet Discussion Series

Feb. 19
Writing the essay Exam
Viola Harrison

March 18
Women's Studies: Current Issues
Barbara Mishler

March 25
To Be Announced

April 8
Is the Book Dead?
Leza Madsen

April 22
Education & Teaching:
Comtemporary Issues
Bill Butler

The dates for the discussion series are tentative. Watch for postings. See Viola Harrison for more information.

NOTICE

The MSC Monitor is moving. For the rest of the Spring Semester we will be located at the far end of JKB, 2nd door from the exit. You may still contact us through the Student Government Office if we are not in our new office. The blue box will remain outside Student Government for submissions, etc. We do not currently have our own phone line so calls will be routed through Student Government as usual, 745-9759.

LOST AND FOUND

The lost and found box has been moved to the A&R office. If you have lost anything, look there. If you have found something, take it there.

The MSC Monitor is still looking for someone to fill the following position:

Art Reporter: Report on all art related activities at Mat-Su and UAA, as well as upcoming related outside events; reviews and criticism, cover art club meetings. Must be involved in the arts, any medium, with knowledge of basic principles of method and design.

See Amy for more information or fill out an application from the Monitor bulletin board and drop in MSC Monitor blue box in cafeteria.

Dear Julie,

Someone I know has court case pending for multiple DWI's. He has been court ordered to AA, but, instead of going to these meetings, he is asking friends and acquaintances to sign a document stating they were at the meeting with this person, when they were not. This man is still drinking and driving, with his kids in the car. I would like to do something about this, but I am the only one who refused to sign this paper and an "anonymous call" would point right to me. What would you do?

Worried, With Values

Dear Worried,

Persons in non compliance with court orders are usually caught one way or another especially in small communities, where they are known. AA is there to be helpful and in service, but it is up to individuals to help themselves. You have to make your own decision on what is more important, your relationship with this person or the safety of the children. Good luck in your decision.

Julie

To Write to "Dear Julie", drop your letter off at the Student Government/Monitor office, or leave in the Monitor mailbox in the hall by the registration desk. "Julie" is a Human Services Major studying paraprofessional counseling.

Next Issue of the MSC Monitor:
Deadline is March 4,
Issue Out March 6. Don't miss out!